



INTERCHURCH HEALTH MINISTRIES CANADA

A Health and Healing Ministry in Every Faith Community

#GRATITUDEWEDNESDAY

Dare to show gratitude. Give today.

www.ichm.ca

GRATITUDE WEDNESDAY: MAY 24TH, 2017

March 3rd, 2017 | FOR IMMEDIATE RELEASE—May 24th, 2017 is Gratitude Wednesday. This is the day on which we dare to show gratitude for all the blessings in our lives by giving.

For the past twenty-three-years, ICHM Canada has been deeply invested in health and healing. Our parish nurses have been, and continue to be, extraordinarily dedicated to delivering spiritual care. This involves registered nurses applying their training to a holistic understanding of health and healing which includes body, mind and spirit. Our nurses do not provide hands-on care. They lead blood pressure clinics, organize educational events, engage in health advocacy and health counseling, act as a listening ear, provide resources and refer clients to specialized medical services. The parish nurse, supported by a congregation's health committee, is the perfect bridge between faith and health.

"It is not easy in this secular age of specialization to make the link between faith and health. Yet, as the web of a spider trembles when one tiny thread is severed, so too our life supports are threatened when a single link is broken, whether it be the link between faith and health, body and spirit, individual and family, or society and biosphere."

Serving thousands of clients annually, our parish nurses are grateful to be able to incorporate the spiritual dimension into their nursing practice in the context of a faith community. And we are grateful for them. This is why we were inspired to create the Gratitude Wednesday campaign. Wholeness in health can never be attained without understanding the vital role of the spiritual dimension.

At ICHM Canada, we are grateful for:

- Dedicated Parish Nurses
- Partnered Congregations
- Educational events we offer and partner events

2 Vaughan Road, Toronto, Ontario M6G 2N1 | T: 416.209.6597 | E: info@ichm.ca | W: www.ichm.ca | <https://www.facebook.com/ICHMCanada/> | https://twitter.com/ICHM_Canada | Registered Charitable No. 890261175RR0001 |

Fostering healthy communities through Christ's healing ministry

- Donors, corporate and individual
- Volunteers generously giving countless hours
- Dedicated and passionate board members
- God's grace in enabling us to serve you since 1994

What are you grateful for? We'd like to know. Please e-mail us at info@ichm.ca with the word GRATITUDE in the subject line.

And please don't forget to dare to show gratitude by giving today. |

<https://www.canadahelps.org/en/charities/interchurch-health-ministries-canada/>

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